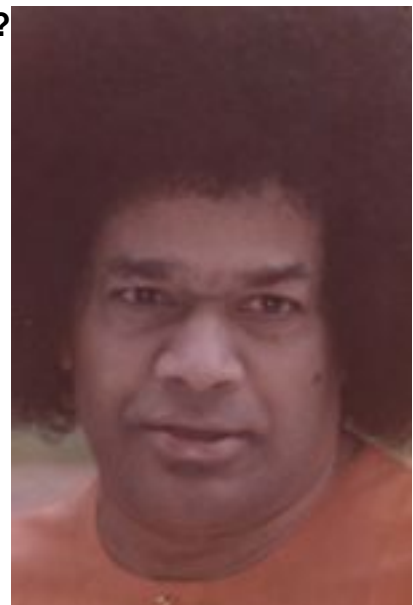


## Spiritual - Question and Answers

- **Amma, How do I develop Love towards God?**

Direct all your feelings, senses, and mind towards God. We think that there is happiness in worldly things, matters, and relationships; One has to realize that this is not so ... All is temporary. Only God is truth. We should make Him our only Goal.

- **How can I as a spiritual aspirant be free from Karma?**



It depends on how you perform your duty. There should be no self-interest or expectation, for the fruit of action, then no karma can affect you. If you experience any joy or pain, the fault lies in sincerity of dedication. It is not as simple as saying, "I dedicate this to you, Lord". There

should be total selfless surrender of a purified mind, ego, senses and intellect.

**- Amma, I am very happy at Puttaparthi, having Swami's dharsan daily. Why should I seek inner dharsan?**

How long can you continue to have outer dharsan? Slowly Swami will withdraw, what will you do then? With inner dharsan there is more love, you merge with God.

**- What is the sign of true renunciation?**

When one's every thought, word and deed reflects the God in Him.

**- Amma, What is Maya?**

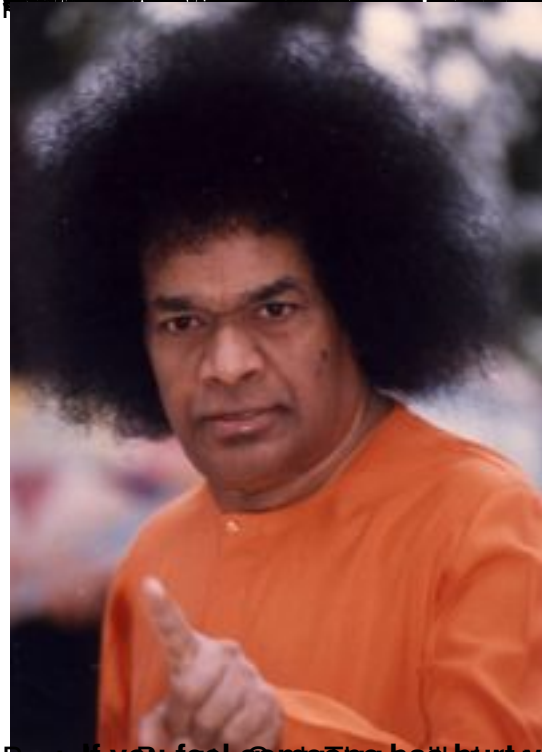
All that keeps you away from God is Maya, illusion. Only God is real. God is truth, all else is false.



Thank you when I don't feel complete mechanically. What should be? I understand, and it's the way to own it. I would like to know if you can give me that happiness. I can't give you that happiness.



...will be... in the... still to be... naturally... will be... from...  
...and... which... by... by...



...what is... what is... what is... what is... what is... what is...  
...what is... what is... what is... what is... what is... what is...





~~Q: What is the meaning of the word 'mudra'?~~  
~~A: It is a gesture or a pose of the hands, feet, or eyes. It is a way of expressing the inner state of the mind. It is a way of connecting the body with the mind and the soul. It is a way of achieving a state of concentration and meditation. It is a way of achieving a state of spiritual growth and development.~~



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